

Fit Ready



THE ALASKA CLUB



Staff assisted



8 week fitness plan



Custom designed with your goals, interests and schedule in mind



Incorporates ExpressWay, Group Fitness classes, and Cardio Coaching



One orientation appointment and workout plan



All services and appointments are at no additional cost to you



Let's get Fit Ready!

· This offer is non-transferable · There are no refunds or cash value for this offer · Fit Ready appointments expire 3 months after the offer has been accepted